



RESOLUTION

CITY OF MINNEAPOLIS - A RESOLUTION OF THE MAYOR AND CITY COUNCIL

By Chavez, Payne, Wonsley, Rainville, Vetaw, Warren, Osman,
Shaffer, Stevenson, Chughtai, Whiting, Chowdhury, and Palmisano

HONORING 2026 MENTAL HEALTH AWARENESS MONTH

- Whereas: Mental Health Awareness Month is observed every May to raise awareness about mental health, reduce stigma, and promote well-being for individuals and communities; and
- Whereas: Using data from Health Trends Across Communities (HTAC), it is estimated that in 2025, Minneapolis had 123,120 residents living with a diagnosed mental health conditions (including anxiety disorder, bipolar disorder, depressive disorders, PTSD, psychotic disorders, and suicidal ideation), and these data underscores the ongoing need for accessible, culturally responsive mental health supports; and
- Whereas: Regarding children, it is estimated that in 2025, 6,240 young people under the age of 18 in Minneapolis were living with a diagnosed mental health condition, highlighting the importance of early intervention and school-based support; and
- Whereas: Recent national and local events, such as Operation Metro Surge and subsequent community stressors have contributed to increased anxiety, disrupted care, and potential long-term trauma for Minneapolis residents; and
- Whereas: The Minneapolis Health Department acknowledges that May is Mental Health Awareness Month with the theme It’s time to check in with your mental health; no judgement. Just support; and
- Whereas: The Minneapolis Health Department seeks to reach all community members with this message, with intentional focus on youth and communities disproportionately impacted by mental health inequities, including immigrant communities, Black, Indigenous, and communities of color (BIPOC), and LGBTQ+ youth; and
- Whereas: The City of Minneapolis is committed to supporting initiatives such as the Minneapolis School Based Clinic program, which provides in-school therapy to thousands of Minneapolis High School students, and the 988 Suicide and Crisis Lifeline which prioritizes mental health services, education, and outreach, to ensure all residents have access to the resources they need to lead healthy, fulfilling lives; and
- Whereas: Community partnerships, including those with local organizations, healthcare providers, schools, and government agencies, are vital in creating a comprehensive system of care that addresses the mental health needs of all Minneapolis residents; and
- Whereas: City employees are provided resources to improve their mental wellbeing such as the Employee Assistance Program, ten mental health visits covered by insurance at 100%, access to group and private sessions on a variety of topics that impact mental wellbeing, online support, and various mental health resources in the My Health Rewards by Medica program, reinforcing the City’s commitment to employee well-being as a core component of organizational health and service delivery;

—NOW, THEREFORE, BE IT RESOLVED—

That the Mayor and City Council do hereby recognize May 2026 as Mental Health Awareness Month and calls upon all residents and employees to join in promoting mental health awareness, understanding, and compassion while also supporting efforts to expand equitable access to mental health services and resources across our city.

Passed this the Seventh Day of May 2026

Elliott Payne, President of the Council

Approved:

Jacob Frey, Mayor

Attest:

Casey Joe Carl, City Clerk